



**REGISTRATION**

Early-Bird by October 5: **\$20**, Day of Race: **\$25**, Kids Run (10 AM): **\$1**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State/ZIP: \_\_\_\_\_

Email: \_\_\_\_\_ DOB (MM/DD/YYYY): \_\_\_\_\_

Gender:  Male  Female I'm registering for the:  5k  1 Mile (1 mile for ages 4 to 12)

Amount Inclosed: \_\_\_\_\_

Signature (Parent/Guardian if under 18): \_\_\_\_\_

Send check payable to **Kinderhook Runners Club**: P.O. Box 241, Kinderhook, NY 12106

*In consideration for this entry being accepted, I hereby for myself, heirs, executors, and any minor children for which I am executing this form hereby release and hold Kinderhook Runners Club, Inc., Samascott Orchards LLC, Macintosh Farm LLC, Mutsu LLC, and their respective trustees, officers, directors, members, agents, employees, and any other sponsors or volunteers involved in the Red Apple Trail Run 5k "indemnities" harmless from any and all claims, suits, damages, liabilities, professional fees, including attorney's fees, costs, court costs, expenses, and disbursements related to death, personal injury, or property damage (including the loss of use thereof) brought or assumed against any of the indemnities by any person, entity or firm, arising out of or in connection with, or as a consequence of my participation in the Red Apple Trail Run 5k. I certify that I am physically able to participate in this event and understand that running is a potentially hazardous activity. I certify that I am at least 18 years of age and, if not, this form has been signed by my parent or legal guardian if under such age and shall be binding upon same.*

